



**MT. HOOD AQUATICS
SETH DAWSON INVITATIONAL
JANUARY 9-11, 2015**

Held under the sanction of USA Swimming, Inc.

Meet Sanction No: Pending

Sponsor: Mt. Hood Aquatics
P.O. Box 129
Gresham, Oregon 97030
(503) 491-6909
Website: www.mthoodaquatics.org

Location: Mt. Hood Community College Aquatic Center
26000 S.E. Stark Street
Gresham, Oregon 97030
Pool Phone: 503-491-7243

Directions: Take I-84 to the Troutdale Exit (Eastbound) or Exit 17 (Westbound). Continue past fast food restaurants, turn right at light on 257th. Continue up hill, approximately 2.6 miles, turn left onto 17th Street. Take first left into parking lot. The pool is on the left behind the soccer field.

Facility: Indoor pool (Dome). Pool dimensions 50 meters by 25 yards, 2 tanks, 8-10 lanes each, 2.5 meters per lane. Competition will occur in deep end of pool; starts and turns will be at 16.0 feet depth. Parking available and seating for 1,500 spectators. Swim venue includes all-enclosed indoor pool natatorium with electronic timing and matrix scoreboard. The starting end of the pool is 16 feet deep, the shallow end is 6.0 feet deep. **The competition course has been certified in accordance with 104.2.2C(4)**. Open pool deck areas available for swimmers, coaches, and officials only. Facilities are accessible for swimmers with disabilities and they are encouraged to participate.

Meet Referee: **Joe Depaepe**

Meet Director(s): Danita Ross (360) 608-0773 – danitas4boys@gmail.com
Gayla Iwata-Reuyl (503) 351-5497- iwatag@comcast.net
Kathleen Saludares (503) 312-8294- ksaludares@gmail.com
Heidi Lasher (503)310-1888- heidilasher@mac.com



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Eligibility: This meet is open to all swimmers who are currently registered with USA Swimming or registered with a USA Swimming recognized foreign federation. Swimmers may enter a maximum of 3 individual events per day. **No on deck registration will be permitted.** All swimmers must be supervised by a USA Swimming certified coach at the meet. If they do not have one, they must report to the meet referee prior to warm ups to be assigned one. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing racing starts or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Meet Limit: Morning session is limited to the first 300 swimmers and/or 4 hour time limit. Afternoon session is limited to 300 swimmers. Teams are accepted on a first-come basis.

Entries: **Teams with Hy-Tek capability are strongly encouraged to submit a Commlink entry file (cfile01.cl2) or by zipped e-mail file.** Entries that require manual entry by MHA must be clearly legible. MHA will make every effort to correctly enter manual times, but are not responsible for data entry errors due to illegible entries. Hy-Tek Meet Manager Software will be used for the meet. Swimmers' ages as of January 9, 2015 and USA Swimming registration numbers must be included.

a.) For Hy-Tek Entries:

1. Please e-mail Meet Entries Report, Meet Entry Fee Report, along with zipped entry file to the Meet Entry E-mail Address.
2. Please mail Full Payment (indicate which team if writing a personal check) along with Master Entry Fee Summary (signed) to Meet Entry Address.

b.) If using the Meet Entries form (not using Hy-Tek), a hardcopy of the meet entry form legibly filled out and full payment (indicate which team if writing a personal check). Include the Master Entry Fee Summary (signed) and mail to the Meet Entry Address. **Submit YARD TIMES for seeding. No phone entries will be accepted.**

DO NOT LEAVE ENTRIES AT THE POOL.

Entry Limit: Swimmers may enter a maximum of three (3) individual events per day and seven (7) total for the entire meet.

Entry Fees: \$20.00 Swimming Surcharge per Swimmer
\$2.00 Individual Event Fee
FEES MUST ACCOMPANY MEET ENTRY FORM. Make checks payable to: Mt. Hood Aquatics.



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Entry Deadline: Entries must be received as follows: E-mail with attached Hy-Tek Entry File: Friday, January 3, 2014 by 10 a.m. (Pacific).

Entry Address: MHA
c/o Danita Ross
951 56th Street
Washougal, WA 98671
danitas4boys@gmail.com

Check-In and Scratches:

MORNING SESSIONS: All events in the morning session will be heat seeded with the exception of the 500 Freestyle on Sunday, which will be deck seeded. Swimmers/clubs are responsible for providing their own timers and counters **For the 500 Freestyle, coaches are responsible for positive check-in of swimmers by 10:00 AM with the Clerk of Course.**

AFTERNOON SESSIONS: All events in the afternoon session will be deck seeded and over-the-swimmer starts will be used. **Positive check-in is required for all events for all swimmers for seeding purposes. Coaches are responsible for providing positive check-in of swimmers 60 minutes prior to the start of finals each day.** After the start of the meet, all scratches must be made 45 minutes prior to an event at the Clerk of Course on the pool deck. Swimmers/clubs are responsible for providing their own timers and counters for the 500 Freestyle.

1650 FREESTYLE: Heats will be swum fastest to slowest alternating boys and girls. This event may be limited to the fastest 8 heats depending on the meet timeline. Scratches will be accepted up to 30 minutes prior to the start of the event without penalty. At the Meet Referee's discretion, some or all of the heats may be swum 2 per lane. Swimmers/clubs are responsible for providing their own timers and counters.

Restrictions:

TOBACCO PRODUCTS OF ANY KIND, ALCOHOLIC BEVERAGES, AND GLASS CONTAINERS ARE NOT ALLOWED IN THE SWIMMING VENUE. NO SKATEBOARDS OR DOGS are allowed on the MHCC campus. Shaving is NOT permitted in the facility. **Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.** Photography is not allowed behind the blocks during the start of a race or relay exchange. **Only coaches, swimmers, and work volunteers will be permitted on the deck.**

Rules:

Current USA Swimming, Inc. and Oregon Swimming, Inc. rules will govern this meet.



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Awards and

Scoring:

Individual: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1 with ribbons to 16th place.
High Point: Boys and Girls 8 & Under, 9-10, 11-12, 13-14, and 15 & Over.
Open events will be scored by their respective age groups.
11-14 events will not be scored for 11-12.

Times:

Friday:	Warm-ups: Timed	4:00 p.m.
	Finals:	5:00 p.m.
Saturday and Sunday:	12 & Under Warm-ups:	7:30 a.m.
	Timed Finals:	8:30 a.m.
	13 & Over Warm-ups: Timed	Immediately following the completion of the morning session.
	Finals:	90 minutes after warm-ups start (time will be announced).

Safety:

Current Oregon Swimming safety guidelines and warm-up procedures will be strictly enforced. Use of audio or visual recording devices including a cell phone is not permitted in changing areas, restrooms, or locker

Timers:

Each team will be given timing assignments. Please encourage timers to report to the head timing area prior to the start of the meet.

Meetings:

Officials meeting will be held approximately 60 minutes prior to the start of the meet. Coaches meeting will be held 15 minutes prior to the start of the meet.

Officials:

As always, we appreciate the help of certified officials from other clubs. If you will be attending, please send a confirming e-mail to Danita Ross at danitas4boys@gmail.com. Hospitality will be provided for coaches and officials.



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SWIMMERS ASKED TO GIVE BACK

While we all know that swimmers are always hungry, most do not ever know true hunger. While there are many food drives over the holidays, once all the celebrating is over, the need still goes on. So, Mt. Hood Aquatics has organized a food drive part of our MHA Seth Dawson Invitational.

Please join Mt Hood Aquatics in supporting our local food bank, Zarephath, by bringing a donation of non-perishable food to the meet. We will have collection bins available throughout the meet and on Monday, our swimmers will deliver these donations on behalf of the entire swimming community. Thank you for your support.





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**FRIDAY–JANUARY 9, 2015
- AFTERNOON -**

Warm-ups start at 4:00 p.m. Timed finals start at 5:00 p.m.

Girls

Event #

Event Name

Boys

Event #

1

Open 1650 Free

2

**SATURDAY–JANUARY 10, 2015
- MORNING -**

Warm-ups start at 7:30 a.m. Timed finals start at 8:30 a.m.

Girls

Event #

Event Name

Boys

Event #

3

10 & Under 100 Breast

4

5

11-12 100 Breast

6

7

10 & Under 100 IM

8

9

11-12 100 IM

10

1

10 & Under 50 Backstroke

12

13

11-12 50 Backstroke

14

15

10 & Under 100 Freestyle

16

17

11-12 100 Freestyle

18

19

10 & Under 50 Butterfly

20

21

11-12 50 Butterfly

22

23

10 & Under 200 Freestyle

24

25

11-12 200 Freestyle

26



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**SATURDAY–JANUARY 10, 2015
- AFTERNOON -**

Starts 90 minutes after the end of the morning session.

Girls		Boys
Event #	Event Name	Event #
27	11-14 100 Butterfly	28
29	Open 100 Butterfly	30
31	13-14 200 Freestyle	32
33	Open 200 Freestyle	34
35	11-14 100 Backstroke	36
37	Open 100 Backstroke	38
39	13-14 200 Breaststroke	40
41	Open 200 Breaststroke	42
43	13-14 100 Freestyle	44
45	Open 100 Freestyle	46
47	13-14 400 IM	48
49	Open 400 IM	50



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**SUNDAY-JANUARY 11, 2015
- MORNING -**

Warm-ups start at 7:30 a.m. Timed finals start at 8:30 a.m.

Girls		Boys
Event #	Event Name	Event #
51	10 & Under 200 IM	52
53	11-12 200 IM	54
55	10 & Under 50 Breaststroke	56
57	11-12 50 Breaststroke	58
59	10 & Under 100 Backstroke	60
61	11-12 100 Backstroke	62
63	10 & Under 50 Freestyle	64
65	11-12 50 Freestyle	66
67	10 & Under 100 Butterfly	68
69	11-12 100 Butterfly	70
71	*10-12 500 Freestyle	72

*Events 71 and 72 will be deck-seeded with check in by 10:00 a.m.



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**SUNDAY–JANUARY 11, 2015
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Starts 90 minutes after the end of the morning session.

Girls

Event #

Event Name

73	11-14 200 Butterfly
75	Open 200 Butterfly
77	13-14 50 Freestyle
79	Open 50 Freestyle
81	13-14 200 Backstroke
83	Open 200 Backstroke
85	11-14 100 Breaststroke
87	Open 100 Breaststroke
89	13-14 200 IM
91	Open 200 IM
93	13-14 500 Freestyle
95	Open 500 Freestyle

Boys

Event #

74
76
78
80
82
84
86
88
90
92
94
96



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MEET ENTRY FORM

**Mt. Hood Aquatics
SETH DAWSON INVITATIONAL
January 9-11, 2015**

Mt. Hood Community College Aquatic Center
26000 S.E. Stark Street
Gresham, Oregon 97030

****All handwritten entries must be legible or are subject to not being entered into the meet.
INDIVIDUAL MEET ENTRIES (Copy this page if requires more spaces):**

USS ID	NAME	AGE	EV#/ TIME	EV#/ TIME	EV#/ TIME	EV#/ TIME	EV#/ TIME	EV#/ TIME	EV#/ TIME
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As of 1/9/2015



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ENTRY FEE SUMMARY:

Total Cost of Individual Events (\$2.00 x # of Entries): \$ _____
Total Swimmers (\$20.00 x # of Swimmers): \$ _____

Team Total: \$ _____
(Checks to Mt. Hood Aquatics)



THE FOLLOWING STATEMENT MUST BE SIGNED BY COACH OR TEAM REPRESENTATIVE:
I have read the meet information and attest that all swimmers entered hereon are registered with USA Swimming, Inc.

(Signature of Coach or Meet Representative) _____

Team Name: Team Code:

Coach(es) Attending Meet:

Contact Person Phone #: Contact Person E-Mail: (____) _____



****Please mark any courier delivered packages: "NO SIGNATURE REQUIRED"**
****TOTAL ENTRY FEES MUST ACCOMPANY WITH THIS FORM and Make checks payable to: Mount Hood Aquatics**