



**Mt. Hood Aquatics
2012 LAST CHANCE INVITATIONAL
FEBRUARY 12, 2012**

Held under the sanction of USA Swimming, Inc.

- Sanction No:** Meet Sanction #: 12-031.
Time Trial Sanction #: 12-032.
- Meet Referee:** Joanne Wisniewski.
- Sponsor:** Mt. Hood Aquatics
P.O. Box 129
Gresham, Oregon 97030
Website: www.mthoodaquatics.org
- Location:** Mt. Hood Community College Aquatic Center
26000 S.E. Stark Street
Gresham, Oregon 97030
Pool Phone: 503-491-7243
- Eligibility:** This meet is open to all swimmers who are currently registered with USA Swimming or registered with a USA Swimming recognized foreign federation, who have achieved the Oregon Swimming, Inc. 2011-2012 age group "B" time standards or above in their respective age group on the events entered. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing racing starts or must start each race from within the water. **No on deck registration will be permitted.** All swimmers must be supervised by a USA Swimming certified coach at the meet. If they do not have one, they must report to the meet referee prior to warm ups to be assigned one.
- Meet Limit:** First 300 entrants.
- Entry Deadline:** 5:00 PM, Friday, January 20, 2012
DO NOT LEAVE ENTRIES AT THE POOL.
Please mark any courier delivered packages: "NO SIGNATURE REQUIRED".
Late entries will be considered on a case by case basis at the discretion of the meet referee.
- Entry Limit:** Swimmers may enter a maximum of five (5) events including up to two (2) time trial events.
- Entry Fees:** \$6.00 (\$3.00 Oregon Swimming Surcharge per swimmer and \$3.00 Facility Fee)
\$2.00 Individual Event Fee



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FEES MUST ACCOMPANY MEET ENTRY FORM. Make checks payable to: Mt. Hood Aquatics.

Entries:

Teams with Hy-Tek capability are strongly encouraged to submit a Commlink entry file (cfile01.cl2) or by zipped e-mail file. Entries that require manual entry by MHA must be clearly legible. MHA will make every effort to correctly enter manual times, but are not responsible for data entry errors due to illegible entries. Hy-Tek Meet Manager Software will be used for the meet. Swimmers' ages as of February 12, 2012 and USA Swimming registration numbers must be included.

a.) For Hy-Tek Entries:

1. Please e-mail Meet Entries Report, Meet Entry Fee Report, along with zipped entry file to the Meet Entry E-mail Address.
2. Please mail Full Payment (indicate which team if writing a personal check) along with Master Entry Fee Summary (signed) to Meet Entry Address.

b.) If using the Meet Entries form (not using Hy-Tek), a hardcopy of the meet entry form legibly filled out and full payment (indicate which team if writing a personal check). Include the Master Entry Fee Summary (signed) and mail to the Meet Entry Address.

Submit YARD TIMES for seeding. No phone entries will be accepted.

DO NOT LEAVE ENTRIES AT THE POOL.

Please mark any courier delivered packages: "NO SIGNATURE REQUIRED".

Entry Address:

MHA
c/o Danita Ross
951 56th St
Washougal, Wa 98671
Danitas4boys@gmail.com

Check-In:

All events will be deck-seeded, requiring positive check-in by COACHES ONLY, for all events at the clerk of course by 8:30 am. Swimmers must be within the listed age brackets as of 2/12/2012

Facility:

Indoor pool. Pool dimensions 50 meters by 25 yards, 2 tanks, 8 lanes each, 2.5 meters per lane. This meet will take place in 1 tank with the other tank available for warm-ups and cool downs. Depth varies from 16 feet to 6.0 feet deep. Parking available and seating for 1,500 spectators. Swim venue includes: All areas enclosed in the indoor yard pool natatorium and the meter pool area. Open pool deck areas available for swimmers, coaches, and officials only. Facilities are accessible for swimmers with disabilities and they are encouraged to participate.



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The competition course has been certified in accordance with 104.2.2C(4).

- Restrictions:** Tobacco products of any kind, alcoholic beverages, and glass containers are not allowed in the swimming venue. Shaving is not permitted in the facility. **Only coaches, swimmers, and work volunteers will be permitted on the deck.**
- Rules:** Current USA Swimming, Inc. and Oregon Swimming, Inc. rules will govern this meet. **Each Swimmer must provide his/her own timer and counter for distance events of 500 Freestyle (Event 1 & 2) and 1650 Freestyle (Event 33 & 34).**
- Safety:** Current Oregon Swimming safety guidelines and warm-up procedures will be strictly enforced.
- Awards:** Time improvement ribbons for the events that swimmers have improved and achieved the next level or higher time standard at their respective age group. ("B" to "A" or higher, "A" to Age Group Sectional or higher and so on)
- NOTE: Swimmers who are 10 and under and achieve new A qualifying times at this meet will be eligible to participate in the OSI 10 and Under Championship Meet on 2/18/2012 and 2/19/2012, provided these times are faxed to the OSI office (see below) no later than noon on Monday, 2/13/2012.**

*OSI
1750 S.W. Skyline Blvd., #103
Portland, OR 97221-2545
swim@oregonswim.org
Tel: (503)297-6027
Fax: (503)297-8498
Hours: M-F 10a-3p*

- Time Trials:** Time trials will be held, time permitting, after the day's events. Time trials will conclude no later than 5:00 p.m. All swimmers must be pre-entered in the meet in order to participate in time trials. Swimmers wishing to swim time trials only, must pre-enter the meet by completing the attached "TT Only Meet Entry Form" (Page 7) and remitting the \$6.00 swimmer surcharge. 25 yard events will be offered as part of the time trial session. A maximum of two (2) time trials may be entered per eligible swimmer. A \$5.00 per event fee must be paid to the clerk of course upon sign up of the time trails. Swimmers must provide their own timer and counter for all time trial events.



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Timers: Each team will be given timing assignments. Please encourage timers to report to the head timing area prior to the start of the meet.

Meet Director(s): Danita Ross (360) 608-0773 – danitas4boys@gmail.com
Ed Miller (503) 261-8552 – miller_cred@comcast.net
Tim Purvis (503) 665-6090 – timpurvis2@comcast.net
Tammy Linder (360) 606-8663 – otamaral@yahoo.com

Schedule:

Warm-ups	8:00 a.m.
Timed Finals	9:00 a.m.
Officials Meeting	8:15 a.m.
Coaches Meeting	8:45 a.m.



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Event List – By Event Number

EVENT QUALIFYING TIME: Oregon Swimming, Inc. 2011-2012 Age Group “B” Time Standards

Event # Girls	Event Name	Event # Boys
1	500 Freestyle Open	2
3	200 IM Open	4
5	12 & U 50 Back	6
7	100 Back Open	8
9	200 Back Open	10
11	50 Freestyle Open	12
13	12 & U 50 Breaststroke	14
15	100 Breaststroke Open	16
17	200 Breaststroke Open	18
19	200 Freestyle Open	20
21	12 & U 50 Butterfly	22
23	100 Butterfly Open	24
25	200 Butterfly Open	26
27	100 Freestyle Open	28
29	12 & U 100 IM	30
31	400 IM Open	32
33	1650 Freestyle Open	34



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MEET ENTRY FORM

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**Mt. Hood Community College Aquatic Center
26000 S.E. Stark Street
Gresham, Oregon 97030**

TEAM NAME: _____

TEAM ADDRESS: _____

COACH NAME: _____

HY-TEK ENTRY DISK : YES () NO ()

HY-TEK INDIVIDUAL MEET ENTRIES REPORT: YES () NO ()
(If NO is checked, please fill in the following individual meet entries.)

****All handwritten entries must be legible or are subject to not being entered into the meet.
INDIVIDUAL MEET ENTRIES (Copy this page if requires more spaces):**

USA ID	NAME	AGE As of 2/12/12	EV#/ TIME	EV#/ TIME	EV#/ TIME	EV#/ TIME	EV#/ TIME
_____	_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____	_____



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TIME TRIAL ONLY SWIMMERS MEET ENTRY FORM

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TEAM NAME: _____

TEAM ADDRESS: _____

COACH NAME: _____

USA ID	NAME	AGE As of 2/12/12	EV#/ TIME	EV#/ TIME
_____	_____	_____	_____ _____	_____ _____
_____	_____	_____	_____ _____	_____ _____
_____	_____	_____	_____ _____	_____ _____
_____	_____	_____	_____ _____	_____ _____
_____	_____	_____	_____ _____	_____ _____
_____	_____	_____	_____ _____	_____ _____
_____	_____	_____	_____ _____	_____ _____
_____	_____	_____	_____ _____	_____ _____
_____	_____	_____	_____ _____	_____ _____
_____	_____	_____	_____ _____	_____ _____



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ENTRY FEE SUMMARY:

Total Cost of Individual Events (\$2.00 x # of Entries): \$ _____

Total Swimmers including TT ONLY (\$6.00 x # of Swimmers): \$ _____

Team Total: \$ _____

(Checks to Mt. Hood Aquatics)

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THE FOLLOWING STATEMENT MUST BE SIGNED BY COACH OR TEAM REPRESENTATIVE:

I have read the meet information and attest that all swimmers entered from my team are members of USA Swimming, Inc.

(Signature of Coach or Meet Representative) _____

Team Name: Team Code: _____

Coach(es) Attending Meet: _____

Contact Person Phone #: (_____) _____

Contact Person E-Mail: _____

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****Please mark any courier delivered packages: "NO SIGNATURE REQUIRED"**

****TOTAL ENTRY FEES MUST ACCOMPANY WITH THIS FORM and Make checks payable to: Mt. Hood Aquatics**